

NMELC Nevada Multicultural End-of-Life Care Coalition

MINUTES: CAM Committee (Oct 14, 2008)

Cluever Residence: 4:pm-5:30pm

RE: Planning for YR 2009 Desert Retreat Committee

1. Meeting attendees: Lurrana Leigon; Paula Sennes; Jan Kluever; Elisabet Romero; Marguerite Mathis; Jenny Kim; Lane
2. Attendees unable to attend: Dr. Chie Uekihara; Marissa Hawkins; Christine Terry; Doug Twilligear.

Items Covered:

1. Old Business:
 - a. Re-define target audience; potential venue change; new month(Feb to March?): Jan mentioned that after seeing the herb festival – she felt our desert retreat is moving along to becoming more of a fair; original dialogue (35-50 persons); it's time to change the venue; March 21, 2008 is warmer; look to a warm building that's inviting to a retreat setting.
 - i. Ideas for new venue: "new brain center"; couple owns huge home- contributors to the caring place- 10k square feet with spa, etc; cooperative extension may be available; Atrium of Seville (assisted living - residents); Springs reserve costs money; Acacia Springs; Non-sterile venue;
 - ii. Event Ambience: we wish for it to not have an overly commercialized feeling; original purpose was to keep it within healthcare professionals we know for them to utilize this with their patients; more flowy-feel;
 - iii. Need to define target population: healthcare professionals
 - iv. Flyer can state target audience and limited seating (rsvp):
 - v. Event format: morning more fair like while afternoons have break-out sessions; retreat/intimacy and flow versus all day commercialized fair- it was about energizing our energy; less time structure and more of a flow; Maintaining – Professional feel to uplift health area (Complementary Therapy- Alternative Medicine):
 - vi. Focus - Regenerate and Educate in Alternative Medicine: multiple providers and simultaneous sessions;
 - vii. New idea Craft: make serenity bracelet; something symbolic for healing; artwork;
 - b. 3 Goals/Purpose/Mission (Complementary Therapies Desert Retreat):
 1. Regenerate Batteries for Professional/Community Caregivers
 2. Educate Professional Caregivers/Healthcare Providers
 3. Exposure and Promotion of Complementary Therapies for the healthcare profession
 - c. Homework: Lizzie will check on Coop Extension Availability; Paula will check on The Caring Place and the Couple's Home; Jan will check (The brain center); Lurrana (Acacia Springs and Atria of Seville); write a blurb to send to Lurrana about your thoughts for the purpose of the retreat.
2. Next Meeting: 3:30pm -5pm (Nov 11, 2008) at Kluever Residence.
3. Minutes typed by: Lizzie - for questions/modifications (romeroe@unce.unr.edu). "Thanks to everyone for your time and thoughts to putting together this beautiful event!"



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